



*Favorite Essential Oil
Roller Bottle Recipes*
at MercylsNew.com

Sweet Dreams

5 drops lavender
5 drops cedarwood
5 drops stress away blend
5 drops copaiba
5 drops orange
fill to top with carrier oil

Tummy Troubles

10 drops Tummy Gize
10 drops lavender
10 drops orange
fill to top with carrier oil

Stress Be Gone

10 drops stress away blend
10 drops orange
10 drops bergamot
5 drops Idaho Balsam Fir
5 drops grapefruit
fill to top with carrier oil

Immunity

10 drops Thieves
10 drops lemon
5 drops frankincense
2 drops clove
fill to top with carrier oil

Boo-Boo Blend

10 drops lavender
10 drops frankincense
10 drops tea tree oil
fill to top with carrier oil

Happy Mama Blend

3 drops bergamot
3 drops lemon
3 drops Joy blend
3 drops balsam fir
fill to top with carrier oil