

All Natural Deodorant

(that really works!)

BIG BATCH-----OR-----LITTLE BATCH

3/4 Cup Coconut Oil

3 TBS

1/2 Cup Shea Butter

2 TBS

3/4 Cup Baking Soda

3 TBS

1/2 Cup Arrowroot Powder (or Cornstarch)

2 TBS

5+ Drops of Essential Oil (Lavender, Patchouli, Purification, Joy,
Your Choice!)

You decide how strong of a smell you want!

Melt coconut oil and shea butter in double boiler or you could use a mason jar in water. Stir in baking soda and arrowroot powder. Let cool quite a bit (until it begins to solidify) and stir ingredients again. Add oil at this point. Fill containers. Let cool completely. Apply with fingertips.

