

Coconut Oil Lotion

Ingredients

1 1/4 cup hot water

1/4 cup emulsifying wax

1/4 cup melted coconut oil

12-15 drops your favorite essential oils (I used 7 drops lavender, 7 drops tangerine and LOVE the scent! I do not like the scent to be very strong, so this was still a very light scent)

1/8 teaspoon of potassium sorbate (if you wish to add a preservative)



Instructions

1. In a 2-cup glass measuring cup, melt the emulsifying wax **WITH** the coconut oil. Heat until completely melted, usually about 1 minute.
2. Fill a coffee mug or about 1 and 1/4 cup of water, heat in microwave, again, I heated for about 1 minute. (If you wish to add preservative – listed above under ingredients – you would add 1/8 a teaspoon to your water at this point!)
3. While water is heating, add your drops of essential oil to the wax/coconut oil mixture.
4. Pour the hot water into the oil mixture and stir.
5. Pour lotion into the small 4oz jars, or any size you wish to use. I left them open because you want to keep stirring the lotion so that it doesn't separate. I left it on the counter and everytime I walked through the kitchen, I stirred it a few times.

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