

Gift Ideas with Essential Oils

at MercylsNew.com

- **Bath Salt Ornaments** - add epsom salt and 3-4 drops of essential oils to the clear ball ornament
- **Calm & Bright Stress Blend** - Lavender + Frankincense + Carrier Oil in roller top bottle (or if you want to go beyond the Starter Kit, I recommend Joy oil or Peace & Calming)
- **Round Wooden Ornaments** - pair with an oil of your choice for a Christmas time diffuser to hang on the tree or on a door knob
- **Peppermint Brownies** - Gift a brownie mix, a wooden spoon and a bottle of peppermint. Follow directions for brownie mix and add 3-4 drops peppermint oil.
- **Cute Kitchen Towel paired with a spray bottle of Thieves Household Cleaner** (or a homemade crocheted wash cloth)
- **Pretty Pillowcase paired with Linen Spray or Lavender** (purchase empty glass spray bottle, fill with water and add 10-12 drops your favorite essential oil)
- **Stuffed Animal + Lavender** for a child's gift, instruct parent to add a few drops lavender to stuffed animal before bed each evening
- **Coffee Mug + Thieves Oil + Hot Tea Bags**
- **Coffee Mug + Peppermint + Hot Cocoa Mix or Favorite Coffee**
- **Diffuser + Thieves Oil** for the teachers in your life!
- **Pair a favorite book with an oil like Gratitude or Peace & Calming**
- **Super Hero Cape + Valor Oil** for a child
- **Glass/Stainless Water Bottle with Lemon or Grapefruit Oil**
- **Boo-Boo Cream** - Mix Coconut Oil in a small jelly jar with 5 drops each Lavender and Frankincense
- **Chew Toys and Purification** for the pet lovers in your life!
- **Soup Mix + a Vitality Oil** (Rosemary, Basil, Thyme, Lemongrass)
- **Sugar Scrub** using Brown Sugar + Coconut Oil + Your Favorite Essential Oil
- **Salt Scrub** using Epsom Salt + Your Favorite Essential Oils
- **Pain Rub** - Copaiba + Coconut Oil (or Pan Away)
- **Sports Rub** - Pan Away + Coconut Oil
- **Chest Rub** - R.C. + Coconut Oil
- **Homemade Face Serum** - Lavender + Frankincense + V-6 Carrier Oil
- **Room Spray** - Purification + Water in a small glass spray bottle
- **Wool Dryer Balls + Purification** (or another favorite oil)
- **Homemade Rice Pillow + Lavender** (heat rice pack in microwave for a warm compress)
- **Leather Bracelet + Your Favorite Oil** (I personally would choose Valor or Peace & Calming to gift someone!)
- **Diffuser Bracelet or Necklace + Favorite Oil**
- **Essential Oil Scented Play Dough** (find recipe here)
- **Homemade Salsa** (using Lime Vitality Oil)
- **Leather Earrings + Favorite Oil**

